## LSSA Fishmoor Watersports Programme 2020



<u>Fishmoor Volunteer Training</u> early May 2020 date to be confirmed and will include Induction for new volunteers & new LSSA Validation approvals for coaches.

<u>Push The Boat Out</u> - Taster Sailing & Paddling Sessions on Saturday 16<sup>th</sup> May 2020. Groups can choose 1 of the 3 start times 10:00, 13:00 or 15:00 with a £3 per person per session members contribution. All Young People to be changed ready to go for the start of each session to get the full 2 hours on the water.



Groups and individuals need to pre-book their places with Rachael Astley at <a href="mailto:fishmoor@lancashireschoolsailing.org">fishmoor@lancashireschoolsailing.org</a>

<u>Tuesday Evenings</u> - West Lancashire Scouts to hold weekly evening sessions for your Scout group from 12<sup>th</sup> May 2020, dates and start times to be arranged through Ray Worthington at <a href="may.worthington1@gmail.com">ray.worthington1@gmail.com</a> Would you like to learn to sail? We also offer weekly sailing training to a small number of young people, please contact <a href="may.worthington1@gmail.com">toma.scout@outlook.com</a>

<u>Wednesday Evenings</u> – LSSA Open Sailing evening sessions from 6-30 onwards starting 20<sup>th</sup> May 2020 and weekly throughout the season. These will be Introductory Sailing sessions and groups and individuals need to pre-book their places with Rachael Astley at <a href="mailto:rachael-rac

<u>Thursday Evenings</u> – Blackburn Sea Cadet weekly events from 7<sup>th</sup> May 2020 organised by lan Hamer at mohawk520@hotmail.com

<u>Dinghy Sailing</u> — Taster sessions for small groups of Young People and Adults starting in May 2020, minimum age 11 years culminate in an RYA YSS Stage 1-3 or NSS Level 1-3 assessment, dates, times and fees are to be confirmed by Thomas Astley on <u>LancsSchoolsSailing.sec@gmail.com</u>

<u>Canoeing & Kayaking</u> – Taster & Coaching sessions for small groups of Young People and Adults, minimum age 11 years, starting in May 2020 dates, times and fees are to be confirmed by Paul Wicks on <u>paul.wicks@blackburn.gov.uk</u>

- Paddlesport Starter Two taster sessions for candidates min age 8 years.
- **Discover** Five coaching sessions for candidates min age 14 years.
- Explore Seven coaching sessions for candidates min age 14 years.

<u>End of Season</u> – Sailing & Power Boating courses for small groups, minimum age 16 years, culminate in RYA assessments for dates/times and fees to be confirmed by Thomas Astley on <u>LancsSchoolsSailing.sec@gmail.com</u>



LSSA watersports.org

